



Winter 2023 Symposium

Saturday January 28, 2023

TIME	# CEUs	Main Hall	Breakout	Breakout	Breakout	Breakout	Vendor Hall	
		Winter 2023 Symposium	Canyon AB	Agua Fria	Arroyo	Madera	Canyon HEC	
7:00 AM	-	Registration (45 minutes)						Vendor Hall
7:45 AM	-	Welcome & Vendor Introductions (30 minutes)						
8:15 AM	1.0	Identifying the Causes of Pain and The Impact on the Plan of Care - Brandon Warner, M.Ed., LAT, ATC, NAT, PES, CES	Session 1: Balance Testing and Treatment for the Vestibular Domain in Sport Related Concussion - Amy Alexander, PT	Session 1: Suturing Workshop - Lynzi Warner MSPAS, PA-C, ATC/L	AT Tough Conversations and How to Prepare for Them - Scot Raab, PhD, AT, LAT, CCD	Improving Education on UCL Repair Recommendations - Bilianna DeLeon ATC		
9:15 AM	1.0	A Cultural Competency Discussion: Interacting with Native/Indigenous Athletes - Muriel Tsosie ATC & Alyssa Fredericks MS, ATC	Mini-Session: Part 1. Treatment of acute and chronic pain with Instrument Assisted Soft Tissue Mobilization	Session 2: Suturing Workshop - Lynzi Warner MSPAS, PA-C, ATC/L	Meaningful Accountability Conversations (HR Perspective) - Hank Roberson			
10:10 AM	-		--- Break at 10:10am (15 min) ---	Vendor Break (15 min)				
10:30 AM	1.0	Assessing and Treating Exercise Intolerance after Concussion - Mo Mortazavi, MD	Part 2. Evidence Based Approach to Best Practices for Cupping Therapy - S. Andrew Cage EdD, LAT, ATC, CES, PES, CCT & Brandon Warner, M.Ed., AT, ATC, NAT, PES, CES	Oculomotor Deficits and Vision Focused Rehabilitation for Concussion - Monica Ortiz MAT, LAT, ATC	Social-Emotional Health: Application of the PHQ-4 - Lindsey Loughran MEd, ATC	BOD Engagement Session ø No CEUs ø Not recorded		
11:30 AM	1.0	★ Keynote Speaker ★ Our Stories and Social Determinants of Health René Revis Shingles PhD, AT, ATC						
12:30 PM	-	Lunch Honors and Awards Banquet (75 minutes)						
1:45 PM	-	Vendor Break (15 min)						
2:00 PM	1.0	OWNING Leadership - Kimberley L Watson, PhD, PMP	Student Athlete Mental Health Awareness - Angela Shaba, PhD, LPC	Session 3: Suturing Workshop - Lynzi Warner MSPAS, PA-C, ATC/L	Caring for the Industrial Athlete - Greg Keuter, MS, ATC, PES, EIS	The Implications of Insurance Status on Access to Orthopedic Healthcare - Alexandra Burcham, MSAT, ATC		
3:00 PM	1.0	Sign of the Times: Naloxone Indications, Use and Your Standing Orders - Michelle Gonzalez, MS AT	Muscle Energy for the Pelvis and Sacrum - Kendall Stewart, DAT, MS, LAT, ATC, CES, PES	Session 2: Balance Testing and Treatment for the Vestibular Domain in Sport Related Concussion - Amy Alexander, PT	Being an Ally as an Athletic Trainer - Megan DeHaven, MS, LAT, ATC, CSCS	Crucial Conversations Roundtable Lindsey Loughran MEd, ATC, Hank Roberson, Scot Raab, PhD, AT, LAT, CCD, Kimberley L Watson, PhD, PMP		
4:00 PM	1.0	DEI Panel - René Revis Shingles PhD, AT, ATC, Muriel Tsosie ATC, Alyssa Fredericks MS, ATC, Alexandra Burcham, MSAT, ATC, Megan DeHaven, MS, LAT, ATC, CSCS	Musculoskeletal Ultrasound of the Rotator Cuff - Austin Goodrich, MS, AT, RMSKS	Advancing Concussion Therapy Through the Transdisciplinary Approach: Recovery Through the Continuum - Catherine Chieco, MS, CCC-SLP, Amanda Miller, MS, OTR/L, Beth Horn, PT, DPT	Culture Index Results Kimberley L Watson, PhD, PMP ø No CEUs ø Not recorded	BOD Engagement Session ø No CEUs ø Not recorded		
5:00 PM	-	◆ End of Programming ◆						
6:00 PM	Total	★ Casino Night Fundraiser ★						
9:00 PM	7.0	Benefitting Governmental Affairs Committee						



Winter 2023 Symposium: Sunday January 29, 2023

TIME	# CEUs	Virtual on Zoom
8:00 AM	-	◆ Zoom Opens ◆
8:25 AM	-	◆ Welcome & Introduction ◆
8:30 AM	1.0	Arizona Interscholastic Association (AIA) Sports Medicine Advisory Committee (SMAC) Update - Kristina Wilson, MD & David Hines, AIA Executive Director
9:30 AM	1.0	Updates from the 6th International Consensus Conference - Tamara Valovich McLeod, PhD, ATC, FNATA
10:30 AM	1.0	Athletic Training in Public Safety: Fire Service Nicholas Anderson MA, ATC, CSCS
11:30 AM	1.0	WBG? But it's a dry heat! Hayley J. Root, PhD, MPH, ATC Bart Peterson, MSS, AT Jennifer Vanos PhD
12:30 PM	-	◆ Lunch ◆
1:00 PM	1.0	UndocuAlly: An Athletic Trainers' Guide to Supporting Student Athletes and Patients that are Undocumented - Carolina Quintana PhD, ATC
2:00 PM	1.0	Using Light Therapy, Red and Blue LED's, for the treatment and recovery of soft tissue injury - Aaron Wells, PhD, ATC
3:00 PM	Total	◆ End of Programming ◆
	6.0	

Programming Categories	
Category	Pain Management
Category	DEI
Category	Crucial Conversations
Category	Concussion
Category	Setting Specific
Category	Ortho & Skills