1 ☐ **Point-of-Care Data: An Integral Element to Improving Clinical Practice and Advancing the Profession**

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2 ☐ **Important Notes:**

- No conflicts of interests to report

3 ☐ **Objectives**

- Why should I care about data?
  - The importance
  - Use cases

- How should I collect data?
  - Electronic medical records
  - Computers, tablets, mobile devices

- What are the benefits?
  - Professional level
  - Local level

4 ☐ **Why should I care about data?**

- We live in a data-driven world
  - An expectation of the contemporary healthcare provider

- Essential to the advancement of the athletic training profession

- Local benefits
  - Enhance quality
  - Improve performance
  - Inform decisions: patient care and organizational

5 How should I collect data?

- The tools to collect data
  - Electronic medical records
  - Computers, mobile devices, tablets
    - Spreadsheet software
    - A simple counting system

- The type of data to collect
  - Start simply: answer a simple clinical question
  - Will depend on what (specifically) you are trying to do

6 Electronic Medical Records

- Patient documentation = excellent source for data!

- If used effectively, can be a 2-for-1
  - Comprehensive clinical documentation of patient care
  - Analysis of clinical practice characteristics

- Should incorporate and capture all practice characteristic variables
  - eg, sport, injury, ICD codes, CPT codes, fee schedules

7 Some Basic Clinical Questions We Should All Be Able to Answer with Point-of-Care Data

- Can you demonstrate that "prevention" is a primary component of your routine practice?

- Can you estimate the costs related to the services you provide to your patient panel?

- Can you demonstrate the impact of your care on your patient?

8 Athletic Training Practice-Based Research Network
- CORE-AT Electronic Medical Record
  - Web-based, HIPAA-compliant EMR

–FREE for ATs to use

–Learn more at → atpbrn.org

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- The importance of characterizing clinical practice
    1. Patient characteristics
    2. Treatment characteristics
    3. Value characteristics
        - Includes cost and quality
        - Perception of value will change based on the party/role
            –Eg, patient, clinician, administrator, human resources, legal

9 ☐ **Quality of Care: The Six Dimensions of Care**
- Safe
- Timely
- Efficient
- Effective
- Equitable
- Patient-centered

10 ☐ **Other Tools: Spreadsheet Software**
- Devices
    –Computers, laptops
    –Mobile devices: tablets, smartphones

- Examples
    –Excel
    –Google Sheets

- Major benefits
    –Software is readily available
    –Plenty of resources to learn from
        - YouTube
        - Chat GPT

11 ☐ **A Simple Counting Exercise**
- What you need to do…

1. Identify a practice component to characterize
2. Identify variables needed to characterize the practice component
3. Create a system and process by which to collect the needed data
4. Aggregate data and create a report

12 ☐ Basic Functions: Collecting Data

- Data validation
  - Drop-down menus for stock variables
    - eg, <u>sex</u>: male, female, etc.
    - eg, <u>sport</u>: soccer, volleyball, etc.
    - eg, <u>treatment</u>: CPT code
    - eg, <u>body part</u>: ankle, knee, etc.

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- VLOOKUP
  - Auto-populates an entry in one column based on the entry in another column
    - eg, based on CPT code, enter cost

14 ☐ Basic Functions: Analyzing Data

- Pivot table
  - Aggregates data to produce basic reports

- Mathematical functions
  - Frequency counts (sum)
  - Averages (avg)
  - Calculations between columns (eg, multiplication)

15 ☐ Potential Benefits

• Essential to the advancement of the athletic training profession

• Local benefits
  – Enhance quality
  – Improve performance
  – Inform decisions: patient care and organizational

16 **Potential Benefits**

• An example: Southeast Missouri State University
  – Use of foot traffic data to inform staffing decisions
  – Use of diagnostic code to determine if more healthcare providers
    are needed to provide comprehensive care to patients
    • Eg, need for dieticians and mental health professionals for
      patients at risk of eating disorders and mental health conditions

17 **Take Home Points**

• We live in a data-driven world
  – We collect a lot of point-of-care data that can be used to improve
    clinical practice and enhance patient care

• Use the tools that fit well into your natural workflow
  – EMRs, spreadsheet software, or marbles!

• Simple data can led to meaningful changes and improvements
  – Better work-life balance, better care for patients

18 **Contact Me**

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